

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Salad 8g *Wheat Bread 23g Broccoli Normandy 7g Green Beans 6g Banana 31g Skim Milk 12g	Swedish Meatballs 5g Mashed Potatoes 21g Three Bean Salad 21g Raisins 23g *WW Dinner Roll 14g Skim Milk 12g Peach Pie 41g	Egg Salad 4g *WW Bun 21g Diced Potatoes 20g Creamed Peas 17g Apple 19g Chocolate Milk 25g
27-Feb	28-Feb	1-Mar	2-Mar	3-Mar
Chicken Tetrazzini 22g Spinach 7g Orange 25g Bread Stick 15g Skim Milk 12g	Meatball Sub 5g *WW Bun 21g Shredded Cheese 1g Italian Veggie Blend 12g Pineapple 14g Skim Milk 12g	Teriyaki Chicken 13g *Brown Rice 25g Coleslaw 11g Banana 31g Graham Crackers 11g Skim Milk 12g	Meatloaf 6g Mashed Potatoes 21g Copper Penny Salad 17g Craisins 24g *WW Dinner Roll 14g Skim Milk 12g Chocolate Cream Pie 50g	Tuna & Noodles 17g Harvard Beets 19g Apple 19g *WW Dinner Roll 14g Sugar Cookie 23g Chocolate Milk 25g
6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
BBQ Chicken Sandwich 2g *WW Bun 21g Diced Potatoes & Cabbage 14g Corn 19g Orange 25g Skim Milk 12g	Pasta with Italian Sausage 26g Glazed Carrots 11g Mixed Fruit 16g Bread Stick 15g Skim Milk 12g	Beef Chili 17g Green Beans 6g Banana 31g 2 Crackers 10g Birthday Cake 29g Skim Milk 12g	Chicken w/Gravy 3g Mashed Potatoes 21g Pea Salad 18g Raisins 23g *WW Dinner Roll 14g Skim Milk 12g Pecan Pie 56g	Baked Cod *Brown Rice 25g Broccoli Normandy 7g Apple 19g Rice Krispy Treat 17g Chocolate Milk 25g
13-Mar	14-Mar	15-Mar	16-Mar	17-Mar
Scalloped Potatoes with Ham 32g Mixed Veggies 13g Orange 25g *WW Dinner Roll 14g Skim Milk 12g	Chicken Stew 23g Country Veggies 10g Peaches 18g *Wheat Bread 12g Skim Milk 12g	Cali Burger *WW Bun 21g Lett/Tom/Onion 5g Baked Beans 24g Banana 31g Skim Milk 12g	Chicken Supreme 12g Lettuce Salad 2g with Ranch 2g Craisins 24g *WW Dinner Roll 14g Skim Milk 12g Cherry Pie 44g	Tuna Salad 1g on *Wheat Bread 23g Peas & Carrots 11g Seasoned Potatoes 17g Apple 19g Oat. Raisin Cookie 17g Chocolate Milk 25g
20-Mar	21-Mar	22-Mar	23-Mar	24-Mar
BBQ Pork Mac 26g Green Beans 6g Orange 25g Raisin Bread 17g Skim Milk 12g	Tater Tot Casserole 19g Pinto Beans 24g Apple Juice 14g *Wheat Bread 12g Skim Milk 12g	Chicken Noodle Soup 12g Carrots 7g Banana 31g *WG Biscuit 27g Goldfish 16g Skim Milk 12g	Beef Taco Burger 3g *WW Bun 21g Cheese & Lettuce 1g Mexicali Corn 15g Raisins 23g Taco Sauce Skim Milk 12g Apple Pie 44g	Seafood Salad 3g with Lettuce 2g Baby Bakers 37g Apple 19g *WW Dinner Roll 14g Chocolate Milk 25g
27-Mar	28-Mar	29-Mar	30-Mar	31-Mar